

Intercultural Coaching at KingsMill



Rod and Ruthie Gilbert offer coaching and time for refreshing, for a few days, or longer periods of up to a year, at their 17th century Homestead 'Kingsmill' in Kingsnorth, Kent UK. **Kingsmill**, was originally a miller's homestead, but now with six self-catering cottages, expanding to be a 'supported space' for anyone who needs it. Surrounded by fields in the countryside, yet conveniently just 7 minutes from Ashford International Station. Rod and Ruthie provide empowering to people in

local and cross cultural work. They have been working in Asia for over 40 years - initially with Scripture Union India, establishing an extensive camping ministry and setting up Avalanche Adventure Centre and Cornerstone House family life centre. **Rod** is an educator, having been Principal of Hebron School in India and Trinity College in Sri Lanka. **Ruthie** is a qualified counsellor, practicing life-coach, and motivational speaker. Together they lead 'Survive and Thrive' & 'Marriage Masala' events in many parts of the world. Their passion is to see people of all ages flourish in the 'wide open spaces' of God's love!

They have five children and twelve grandchildren.



1. Mission-Life Coaching

Transition from one culture or country to another involves an adventure which may take you over some rough roads but into wider and more exciting vista!

Join the journey at KingsMill to!

- ***De-brief** with creative and effective coaching tools.
- ***De-compress** with personal coaching in beautiful surroundings.
- ***Discern the future** with spiritual insight and understanding into your strengths and finding Gods purpose ahead of you.



2. Marriage and Family Empowering

Walking with you through a period of change or challenge with hope: our coaching is focused and directed at choice for growth.

- ***Marriage coaching** with specific goals either individually or together as a couple.
- * **Marriage Seminars** - exciting and inspiring one day events based on the well known '*Marriage Masala*' with 'spices for a healthy marriage,'



3. Memorable Sabbaticals

Celebration is a key feature here.

Come and stay in one of our cottages for a period of up to one year and discover a new direction for your life or recover from a particularly tough life event. Rediscovering purpose and pleasure in being alive, finding a safe place you belong and recognise yourself and uniqueness in God's Presence..

As part of your Sabbatical you may request

- * Focused coaching sessions
- * Career change coaching
- * Interview technique skills
- * Family and Marriage life – coaching

*'Thank you Rod and Ruthie we have reason to hope again'
(USA&UK)*

'Your marriage ,vibrant loving and joyful has been a huge inspiration to us and countless others ' (INDIA)

'I love our coaching times together. This is so empowering , and I have been eating KingsMill's own chicken eggs for breakfast – couldn't be better!' (IRELAND)

'After this de-brief we now see our transition as an adventure instead of a disaster -Thank you' (KOREA & BELGIUM)



Kingsmill, Ashford Road, Kingsnorth, Kent TN23 3EW UK

r2gilberto@fastmail.fm +44 7593210819